



# Christa Mackinnon

Psychologist • Therapist • Shamanic Teacher • Author & Speaker



Christa is a psychologist, shamanic teacher and author of three books about shamanism and therapy, one of them groundbreaking in combining the ancient shamanic with the contemporary therapeutic, and one of them reaching best-selling status. Christa apprenticed to indigenous shamans in south America and learned from shamanic teachers all over the world. After a long career as an international trauma specialist, university lecturer and trainer, Christ shifted her focus by combining her professional knowledge with indigenous wisdom teachings, adapting these teachings for the modern world and the contemporary human psyche. Christa now facilitates training courses and workshops Internationally in psycho-spiritual shamanism, a subject she also addresses at conferences and writes and lectures about.

Christa is the founder of “Bridging the Worlds” and the co-founder of “women Weaving Change”.

